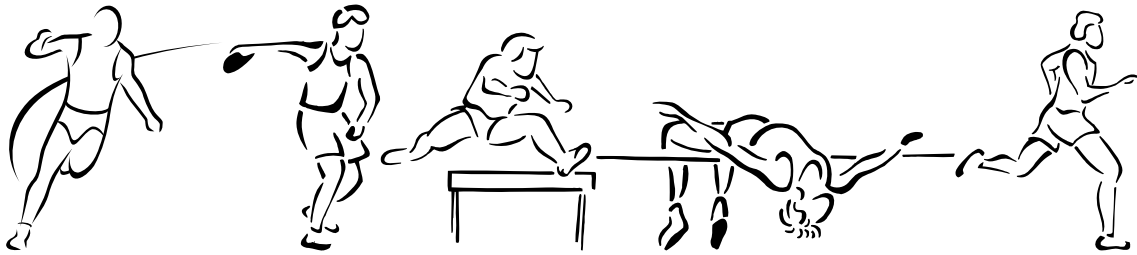


Hills District Little Athletics & Winston Hills Little Athletics



Cross Country Season 2010

To be held at: Crestwood Reserve, opposite Crestwood Reserve Public School.

Time: Cross Country runs will commence at 10 a.m.

Cost: \$10.00 for the Season.

Events: Cross Country: 1000m, 2000m and 3000m.
Road Walks: (Only if any interest)

Dates: Sundays: 18th April

2nd, 9th, 16th, 23rd, 30th May

6th, 20th and 27th June

(We are not running on 13th June due to the public holiday)

Presentation Day: 27th June from 10.30 a.m.
Followed by the Presentation and sausage sizzle.
Each child will be presented with a medal.

State Cross Country Championships: Sunday July 4th at Forster-Tuncurry.

If you are interested in coming to Cross Country call:
Lisa Harrison on 0407 480 159 or Ray Marvin on 0412 572 660.

Wet Weather number: 9294 8514

Hills District Little Athletics & Winston Hills Little Athletics

Cross Country Season 2010

Registration form

Athlete's name	LAANSW Centre Registration No.	Age group	Cross Country Registration No. <small>(issued on 1st running day)</small>

LAANSW Registered Centre: _____

Address: _____

Home Phone: _____

Mobile Phone: _____

Email Address: _____